



Music Care Skills Day for Recreation Therapy is a one-day training for recreation therapists where participants learn to lead five types of music programs. Music Care Skills Day for Recreation Therapy:

- Provides program ideas for recreation therapy
- Enhances existing care practices
- Provides practical knowledge on music care best practices
- Introduces ten diverse instruments

What is Music Care Skills Day for Recreation Therapy?

Music Care Skills Day for Recreation Therapy is:

- A one-day customised training
- Emphasis on practical experiential components
- Complementary to standardized “Music Care Training”
- Instructed by experienced music care experts
- Cost effective and time efficient

Who Should Attend?

- Recreation therapists
- Recreation therapists in training
- Recreation aides
- Recreationists
- Volunteers
- Recreation/program managers



Student Feedback:

Everything was purposeful and helpful

Super practical

Made music approachable, accessible

Well-executed ukulele journey

Instilled more confidence in my musical ability



Music Care
SKILLS DAY

The current and future landscape of recreation programming requires quality care that:

- Is innovative and unique
- Is easy to participate in
- Is easy to execute
- Is practical
- Is person-centred
- Increases groups cohesion and engagement

Why Music Care Skills for Recreation Therapy?

Music Care Skills Day for Recreation Therapy facilitates quality care solutions for recreational activities and is designed with a primary focus on practical observations so that participants leave with several new ideas around how to infuse their recreation therapy practice with music.

The benefits of Recreation Therapy Training to your organization/school:

- Increase confidence using music in recreation programs
- Provides a take-away document that supplements the training
- Differentiator
- Exclusive
- Enhance care relations
- Immediate application
- Transferrable knowledge
- Learn how to play the ukulele
- Learn how to run a bell choir
- Improve singing skills

