



Chelsea Mackinnon

Researcher, Musician, Teacher, Music Care Advocate

About Chelsea Mackinnon

BHSc, MA

Chelsea works diligently to incorporate music into traditional healthcare settings, and inspires others to join her in this journey.

As a researcher at the Room 217 Foundation, she gathers evidence to show music's effectiveness as a therapeutic tool. Chelsea teaches two interdisciplinary undergraduate courses at McMaster University in which her students learn about the many applications of music in health care. She is also the founder of the Hamilton Intergenerational Music Program, which unites elementary students and long-term care residents for a month of music-making and meaningful interactions. Chelsea works to integrate music into the healthcare system by translating music and health research into clinical and community contexts.

Presentations with Chelsea are engaging, thought-provoking, and inspiring. Chelsea is a passionate speaker who incorporates scientific evidence into her music and health narratives and experiences.

Choose from two formats:

- Keynote/Plenary
- Workshop

If you are looking for a fresh, innovative program for your gathering or conference, contact the Room 217 Foundation to discuss your specific needs.

Chelsea has a rich background in Music and Health Sciences, and loves to share the neuroscientific underpinnings of human interactions with music. As a skilled presenter, Chelsea tailors the content of each talk to the audience with which she will be engaging.

Music as a Biological Language – Humans are inherently musical. Music crosses ethnic and geographic barriers, and is a language in which we interact.

Music in Dementia Care – Music is often the last type of memory to deteriorate in dementia, and can act as a grounding link between loved ones.

Rehabilitation through Music – Neurologic Music Therapy is a scope of practice that uses music perception and cognition properties to enhance the rehabilitative process.

Sharing Stories – The audience will be captivated by the touching moments that have occurred through Chelsea's experiences using music in care settings.

Rhythm and the Brain – An exploration of the question, why do we move to the beat? Understanding our predisposition to expressive movement.

Intergenerational Music Making – Stories and lessons from the Hamilton Intergenerational Music Program.

Customize topics for your gathering – Each keynote or workshop is customized to suit your theme and audience – Presentation lengths can vary to suit your conference needs.

For additional topics and detailed descriptions of presentations, visit www.room217.ca.

The Room 217 Foundation – is a not-for-profit corporation and registered Canadian charity (#85728 5092 RR0001) that is dedicated to caring for the whole person with music. Room 217 produces and delivers Music Care resources and Music Care education.

For more information about the Room 217 Foundation and Chelsea Mackinnon, visit www.room217.ca.
To book Chelsea, email info@room217.ca or call 905-852-2499.